

IPRO Instructor Certification Course

(International Professional Racquetball Organization)

Typical Course Outline

DAY ONE (6-8 hours)

Introduction

- About the organization**
- Course outline and materials**
- Testing procedures**

On court

- Inspecting the environment**
- Preparing to teach, play, practice, officiate, spectate**
- Hit arounds and adjusting to group**
- Set up opportunities**
 - Solo and in pairs**

- Practice drill categories**
- Presentation skills—parts of a lesson**
- Working with diverse groups**
- Drill(s) presentation**

- Constructing a power base for offense & defense**
- Shots and serves of the game**

Programming opportunity for group

Review

DAY TWO (6-8 hours)

Review day one

- Discussion of level one rules test and organization rules differences**
- Discussion about programming concerns and opportunities--**
 - Maintaining and sparking growth**
 - Themes and goals of the organization**

On court

- Shots and serves of the game (continued)**
- Completion of technical aspects; court coverage, etc.**

Break--practice hitting test skills

Practical Exam

Hitting Exam

Hand in all materials and close